

# I have everything I've ever wanted



A "Seal always says, 'You are my number one, and I think that's important,' Heidi reveals.

"I have the most romantic husband in the world."

**She has a sexy husband, three happy kids and a red-hot career. For Heidi Klum, life just can't get any better!**

**T**hanks to a little bit of luck and a lot of hard work, Heidi Klum is living her dream life. "I always wanted a big family and a wonderful

man, and I totally have that," says the 34-year-old host of *Project Runway*, which returns to TV with its fourth season on November 14. "How lucky am I?"

**Topping her list of blessings are her three children, Leni, 3, Henry, 2, and Johan, 23 months, and her husband of two years, Seal. On keeping their spark alive, Heidi - who just debuted her new makeup line for Victoria's Secret - tells *In Touch*, "The key is just to be in love, do a lot of fun things together and appreciate each other."**

**Are you and Seal planning to have more kids?**

Let's just say you won't see a bump during season four!

**Is he a big fan of *Project Runway*'?**

We don't really watch that much TV, but we'll watch the DVDs together. He thinks it's a fantastic show.

**Would you ever have him on as a celebrity guest judge?**

Maybe! He does love design. Before he became a singer, he worked in a leather workshop, so he knows how to sew.

**So you trust his opinions when it comes to fashion?**

Honestly, he's more stylish than me! I dress better now that I'm with him, just so I can keep up.

**How do you guys come up with the challenges you give the designers on the show?**

We kick ideas around. I actually came up with the "Clothes Off Your Back" challenge in the shower. I was literally in the shower like, "What if they had to redesign the clothes they're wearing?" And everyone loved it.

**After having three children, you look amazing. What is your secret?**

I'm a healthy person and no matter where I am, I try to find something to eat that's good for me. Sometimes on the set, they'll order pizza or something like that, so I'll get a salad with chicken. Or I'll bring lunch from home. It's about eating right and moving around.

## Heidi loses the baby weight faster than anyone!



1 MONTH LATER

### SHE MAINTAINS A HEALTHY LIFESTYLE

"I've always eaten right," says Heidi, who regained her pre-baby body a mere month after Leni was born in May 2004. "It's just my way of living."



2 MONTHS LATER

### BACK ON THE RUNWAY IN NO TIME

She shocked everyone when she bared her flat tummy at a Victoria's Secret fashion show in November 2005, less than two months after giving birth to Henry.



2 MONTHS LATER

### RAISING KIDDS KEEPS HER IN SHAPE

Heidi had Johan in November 2006 and appeared in sexy Jordache Jeans ads this summer. "Children keep you busy all the time," she says.